Herbalife

PRODUCT 2026 CATALOGUE



NUTRITION FOR LIFE





CONTENTS

When you buy Herbalife® products, we see it as more than just a one-off purchase but part of a life-long plan to enhance your overall wellbeing - both inside and out.

Good nutrition is about giving the body the complete nourishment it needs to grow, function, and repair. When the right nutrients are provided, the body performs at its best. Our product range is designed to provide a balanced combination of key nutritional elements, supported by personal, face-to-face guidance to keep your goals on track.

For further information on all our products visit Herbalife.com.

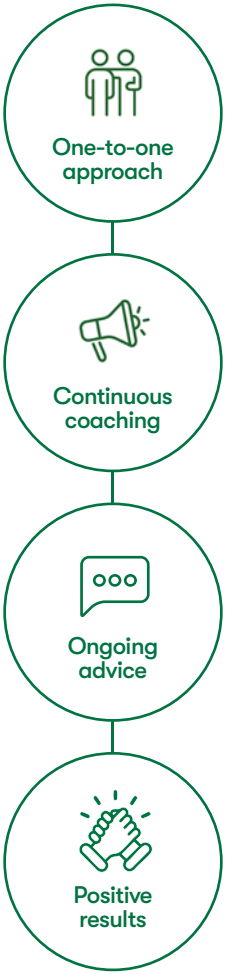


DISTRIBUTOR DIFFERENCE

Making lifestyle changes is easier with the right support. Having a mentor by your side can make all the difference.

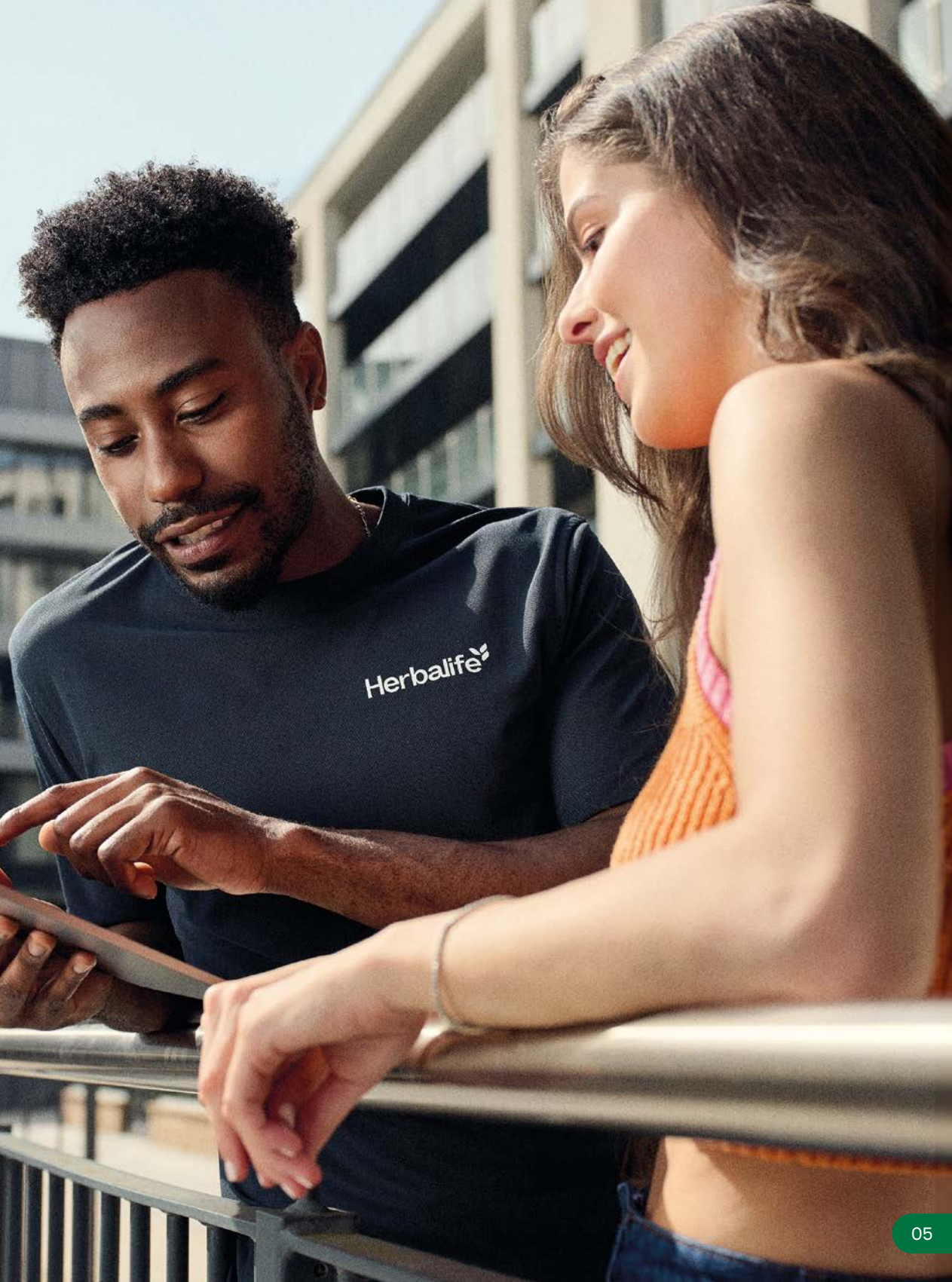
Our 'Distributor Difference'

Our products are exclusive to our Distributors, so when you invest in your health and wellness with Herbalife, you're not only getting the products you need but also the expertise of your Distributor. Whether you want to manage your weight or achieve your fitness and nutrition goals, the support from your Distributor will help you tailor a personalised plan to get there - keeping you motivated, inspired, and accountable for your health and wellness.





*Herbalife advises to consult a physician before beginning any weight management program.


Herbalife

FROM SEED



TO FEED

Great products grown from high-quality ingredients

At Herbalife, we ensure exceptional product quality through our inhouse “seed to feed” process, overseeing every stage from cultivation to final production. This gives full traceability, transparency, and consistent safety throughout the product lifecycle.

Our global team of scientists and producers use responsible farming methods and carefully source premium raw materials, from tea farms in China and aloe farms in Mexico to soybean farms in the U.S.

Every ingredient undergoes rigorous inhouse testing to meet strict specifications, ensuring our products consistently meet or exceed both industry and our own quality standards.



OUR SCIENCE-LED APPROACH

There's a reason Herbalife is classed as the #1 active and lifestyle nutrition brand in the world*



Our products are developed by expert scientists to support your personal wellbeing and nutrition goals. With a global team of over 300 staff scientists across 19 laboratories, we combine deep expertise with rigorous research to create highquality, effective nutritional solutions.

Expertise

Our worldwide scientific team brings together specialists in nutrition, biochemistry, and related fields.

Research and Development

Our scientists drive the company's research and development initiatives, continuously innovating and formulating high-quality nutritional products.

Commitment to Excellence

Herbalife's staff scientists uphold the highest standards of scientific rigor, ensuring that all products meet stringent quality and safety requirements, backed by sound scientific principles.



*Source Euromonitor; CH2026ed, Active & Lifestyle nutrition as Weight Management & Wellbeing, Sports Nutrition and Vitamins & Dietary supplements defi nitions; combined % RSP share GBO for 2025

QUALITY, TRANSPARENCY & TRACEABILITY

Annually there are 300,000 internal tests to ensure the highest quality of Herbalife products.

- Every product undergoes rigorous in-house testing for stability, purity and label accuracy.
- These comprehensive tests cover various aspects such as ingredient purity, potency, microbiological contamination, and stability.
- Plus advanced external testing protocol.

Tested. Verified. Trusted.

Transparency is how we operate.

We're proud to support your wellness journey with products that meet the highest global standards.



The Herbalife24® products are batchtested for prohibited substances by an independent third party. For more information, please see the product label.

ISO 17025 certifies the technical capability of labs and consistency in results.

GenM™

Who are Gen M?

Gen M are an organisation leading a movement to make menopause more visible.

Herbalife's Commitment

Herbalife is committed to empowering women through every stage of life, including menopause.

With a science-backed approach to nutrition and wellness, Herbalife offers products with ingredients and nutrients that support hormonal health, bone condition, and energy levels by reducing tiredness and fatigue. From protein-rich shakes to immune and digestive support food supplements, our range is designed to help women feel strong and in control every day.





> **In addition to Herbalife products that support women's health and wellness, our community offers education and personalised guidance to ensure women navigating menopause feel supported, informed, and celebrated.**
>
> Violetta Zlatareva, VP - Northern Europe

GREAT PRODUCTS WIN GREAT AWARDS

Our dedication to innovation and science has made it possible for our products to be awarded across the world.



Formula 1
- **Fitness Awards Gold**
- **Meal Replacement 2023**

Belgium & The Netherlands

Tri Blend Select
- **Product of the year 2022**
- **Nutrition Hero 2021**
  Men's and Women's Fitness

United Kingdom

Rebuild Strength
- **Gold Protein Product 2023**

Greece

Phyto Complete
- **Product of the year 2023 & 2024**

Belgium

Immune Booster
- **Product of the year 2022**
- **Supplement of the year 2022**

France & Greece

Herbalife24 Achieve Bars
- **Product of the year 2022 & 2023**
- **Consumer Contest Best Product 2023**

Belgium & The Netherlands

Protein Chips
- **Product of the year 2022 & 2023**

France, Belgium & The Netherlands

Collagen Skin Booster
- **Product of the year 2022**

Belgium





INSPIRING YOU TO

MAKE A DIFFERENCE



Herbalife FAMILY FOUNDATION

The Herbalife Family Foundation partners with charities and organisations, including Herbalife, to help provide the proper nutrition and education necessary for the wellness of children and communities around the world.

Since its inception in 2005, the Herbalife Family Foundation has provided funding for 178 non-profit organisations, such as hospitals, orphanages, schools, and organisations in over 60 countries.

Impact at a glance

In the past year, Herbalife Family Foundation Casa program provided over 207,000 children across global communities with the proper nutrition needed to lead enriching lives.

With the help from our generous donors, over $55 million were granted through the years to organisations around the world.

How can you give back?

Donate today to improve the lives of disadvantaged children around the world.

IDEAL BREAKFAST

A delicious and nutritious way to start your day with our balanced breakfast, packed with nutrients. Convenient and fast to make – at home or on-the-go!





1

NUTRITION

Formula 1 Healthy Meal

Nourish your body with a deliciously creamy Formula 1 shake. The ideal combination of all the nutrients your body needs: Protein, Carbohydrates, Fats, Fibre, Vitamins and Minerals in one tasty shake.



2

HYDRATION

AloeMax

Liven up your water with the refreshing taste of Herbal Aloe Concentrate to help you achieve optimum fluid intake for the day.



3

FOCUS*

Instant Herbal Beverage

Wake up to a refreshing herbal drink containing 85 mg caffeine** per serving. It can be enjoyed either hot or cold and helps contribute towards your optimal fluid intake levels.



* Caffeine helps improve alertness and concentration.

** It is recommended not to exceed a daily intake of 400 mg of caffeine from all sources (200 mg for pregnant or breast-feeding women). A single dose of 200 mg caffeine should not be exceeded.

PROTEIN

An essential component of every cell in the body, protein is a macronutrient made of 21 'building blocks' called amino acids.

Proteins have different functions in the body including contribution to growth in muscle mass and the maintenance of muscle and normal bones. Sufficient intake is important to sustain a balanced diet and reach your goals.





FORMULA 1

A balanced, nutritional meal in minutes

Containing high-quality plant-based protein and 25 key vitamins and minerals. Our Formula 1 Healthy Meal shakes come in nine tasty flavours, and are available in canisters or handy sachets for when you're on the go.

- 18 g protein*
- 5 g fibre
- 25 vitamins & minerals
- 220 kcal
- Gluten free



*When mixed with semi-skimmed milk.

Our range of flavours



Banana Cream
21 servings
550 g #4462



Café Latte
21 servings
550 g #4465



Cookie Crunch
21 servings
550 g #4467



Mint & Chocolate
21 servings
550 g #4471



Raspberry & White Chocolate
19 servings
500 g #4469



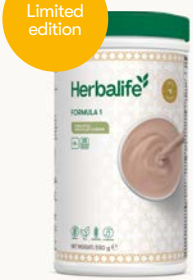
Smooth Chocolate
21 servings
550 g #4468



> Wins hands down on taste and texture.
>
> Herbalife customer

100% VEGAN

Limited edition



Dubai Style Chocolate
19 servings
500 g #611K



Strawberry Delight
21 servings
550 g #4463



Vanilla Cream
21 servings
550 g #4466



Vanilla Cream
30 servings
780 g #048K



Vanilla Cream	7 x 26 g, 182 g #053K
Cookie Crunch	7 x 26 g, 182 g #228K
Smooth Chocolate	7 x 26 g, 182 g #229K

THE PERFECT MEAL



> Adding Protein Drink Mix to my usual F1 shake makes a deliciously thick and smooth meal.
>
> Herbalife customer



Protein Drink Mix and Formula 1 Balanced Meal

Upgrade your breakfast by combining Protein Drink Mix and Formula 1 for a nutritious meal with more protein than a regular Formula 1 shake.

24 g protein

26 vitamins & minerals

Gluten free

F1 Vanilla Cream flavour	21 servings, 550 g #4466
PDM Vanilla flavour	15 servings, 600 g #013K
Sachets:	
F1 Vanilla Cream flavour	7 x 26 g, 182 g #053K

Protein Drink Mix Vegan and Formula 1 Balanced Meal

100% VEGAN

Combine Protein Drink Mix Vegan with Formula 1 for a balanced meal that is naturally lactose free, 100% vegan, contains fibre and the perfect balance of protein, fat, vitamins, and minerals.

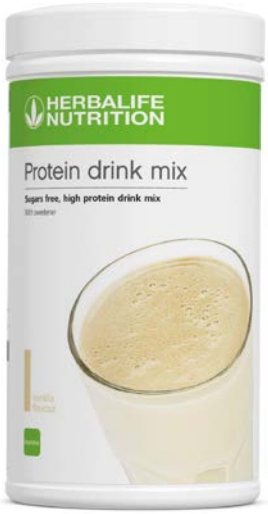


24 g protein

26 vitamins & minerals

Gluten free

F1 Vanilla Cream flavour	21 servings, 550 g #4466
PDM Vegan Vanilla flavour	20 servings, 560 g #172K
Sachets:	
F1 Vanilla Cream flavour	7 x 26 g, 182 g #053K
PDM Vegan Vanilla flavour	7 x 28 g, 196 g #441K



Protein Drink Mix

A delicious, high-quality protein shake that can be mixed with Formula 1 or enjoyed on its own.

15 g protein | 22 vitamins & minerals | Vegetarian | 108 kcal

Vanilla flavour	15 servings, 600 g #013K

Protein Drink Mix Vegan

An ultra-creamy vanilla flavoured drink. Mix with Formula 1 for a balanced vegan meal or enjoy it solo as a shake.

15 g protein | 22 vitamins & minerals | Gluten free | Sugar free

Vanilla flavour	20 servings, 560 g #172K
Vanilla flavour Sachet	7 x 28 g, 196 g #441K





Formula 3 Personalised Protein Powder

An easy, one-step way to boost your protein intake.

5 g protein | 23 kcal

Unflavoured	40 servings, 240 g #0242



BOOST YOUR PROTEIN INTAKE

The easy way to meet your daily protein requirement.

Our range of protein products are a convenient way to ensure your daily recommended protein levels stay on target.

COFFEE WITH PROTEIN POWER





High Protein Iced Coffee

Every batch is expertly brewed using 100% Robusta espresso coffee beans to deliver a smooth, bold taste. Coffee at its best, providing 80 mg caffeine*, 15 g protein, no added sugar, and only 80 Calories per serving. Just add water and recharge!

15 g protein | 80 mg caffeine | 80 kcal

Latte Macchiato flavour 14 servings, 308 g #012K

*It is recommended not to exceed a daily intake of 400 mg of caffeine from all sources. (200 mg for pregnant and lactating women)

NATURALLY TASTY

Tri Blend Select

Our flavoursome vegan protein shake packs a punch with its carefully selected blend of pea, quinoa, flaxseed and rice for a complete protein hit. Plus, it's a great source of fibre, vitamin C and minerals.

20 g protein

6 g fibre

Low in sugar

151 kcal

Banana flavour 15 servings, 600 g #013K



100% VEGAN

PROTEIN BAKE MIX

Transform your favourite treats into delicious snacks with extra protein with Protein Bake Mix.

With its neutral flavour, Protein Bake Mix blends easily into your favourite recipes, transforming your baked creations into alternatives with extra protein. From cookies to muffins and from pancakes to waffles, Protein Bake Mix offers endless possibilities.

Combine the joy of baking with the benefits of protein* and turn each bite into a step towards hitting your daily protein targets.

High in protein | Source of fibre | Key minerals | No added sugar | No added sweeteners

Unflavoured 20 servings, 480 g #528K







*Protein contributes to a growth in muscle mass.

PROTEIN PIZZA

Provides 2 servings

Ingredients:

2 portions (48 g) of Protein Bake Mix
90 ml water
3 tablespoons (45 g) tomato sauce/passata
50 g grated half-fat cheese
(e.g. cheddar or mozzarella)

Method:

Step 1
Mix the Protein Bake Mix with water and knead into a dough.

Step 2
Place the dough on a baking tray lined with baking paper and press it out.

Step 3
Pre-bake at 180°C for approximately 10–15 minutes.

Step 4
Spread with tomato sauce and sprinkle with cheese.

Step 5
Bake for a further 10–15 minutes until the cheese has melted.



Nutritional values per serving*	
Energy	184 kcal
Protein	19.2 g
Fat	7.3 g
of which saturates	3.7 g
Carbohydrate	9.9 g
of which sugars	1.5 g
Fibre	2.0 g
Salt	1.1 g

*Only when prepared as instructed on the product label does our product deliver the full nutrition benefits described on that label.

Formula 1

EXPRESS HEALTHY MEAL BARS

A nutritionally balanced on-the-go meal, these tasty indulgent bars help satisfy cravings whilst giving your body the nutrients it needs.



207 kcal[1]
209 kcal[2]

25 vitamins & minerals

15 g protein

7 g fibre[1]
6 g fibre[2]

No added colours

Vegetarian

[1] **Dark Chocolate** 7 x 56 g, 392 g #4472
[2] **Cranberry & White Chocolate** 7 x 56 g, 392 g #4473





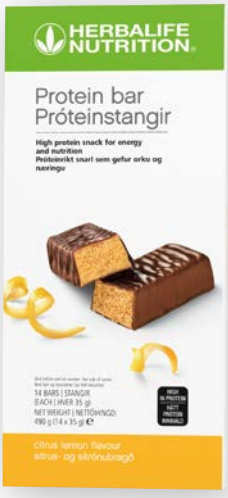
ON-THE-GO PROTEIN

Contrary to popular belief, snacking can be helpful for those who want to stay on track with their nutritional goals.

What's more, they're another chance to fuel your body with nutrients! A clinical study even found that balanced, calorie-controlled snacks in portion-controlled packs help people to eat less throughout the day[1].

[1] Nijke et al (2016), Snack food, satiety, and weight. Adv. In Nutrition, 7(5).





Protein Bars

Satisfy your chocolate cravings with a delicious, high-protein snack, or enjoy as a protein intake boost when you're exercising.

10 g Protein

Vitamins B6 & B12

Vanilla Almond	14 x 35 g, 490 g	#3968
Citrus Lemon	14 x 35 g, 490 g	#3976



Protein Chips

Sour Cream and Onion flavour

Savour the smooth, tangy taste of our Sour Cream and Onion flavour Protein Chips.

12 g Protein

Gluten Free

Vegetarian

10 servings, 30 g #142K



Protein Chips

Barbecue flavour

Treat your taste buds to the subtle heat and smoky undertones of our Barbecue flavour Protein Chips.

11 g Protein

Gluten Free

Vegan

10 servings, 30 g #141K

VITAMINS & MINERALS

Vitamins and minerals are key micronutrients that are required for many of the chemical reactions your body performs every day.

A healthy and well-balanced diet should be able to provide all the essential nutrients, but for some, obtaining all the vitamins and minerals might be challenging. Formula 2 is a nutritional support (or supplement), delivering a mixture of vitamins and minerals to support what your body needs.*

*Vitamins A and C contribute to the normal function of the immune system. Magnesium contributes to normal muscle function.



FINE-TUNE YOUR DIET

Vitamin & Mineral Complex Men & Women

Designed specifically for the needs of men and women, this is an all-round nutritional support with 24 key nutrients, including micronutrients to support your body needs. Created to work with your favourite Formula 1 shake.



Vitamins B6 & B12 | Calcium & Zinc

Women 60 tablets, 85.3 g #1819



Vitamins A & C | Riboflavin & Magnesium | Pantothenic acid

Men 60 tablets, 85.3 g #1800



Xtra-Cal

This product contains over 100% of your calcium reference intake per daily dose, which is necessary for the maintenance of the normal bones and teeth.

Vitamin D

Calcium & Magnesium

90 tablets, 133 g #0020

Active Mind Complex

Expertly developed with a patented spearmint extract and a blend of carefully selected vitamins to support normal psychological function, mental performance and functioning of the nervous system.*

Vegan

Folic acid

Gluten Free

Pantothenic acid

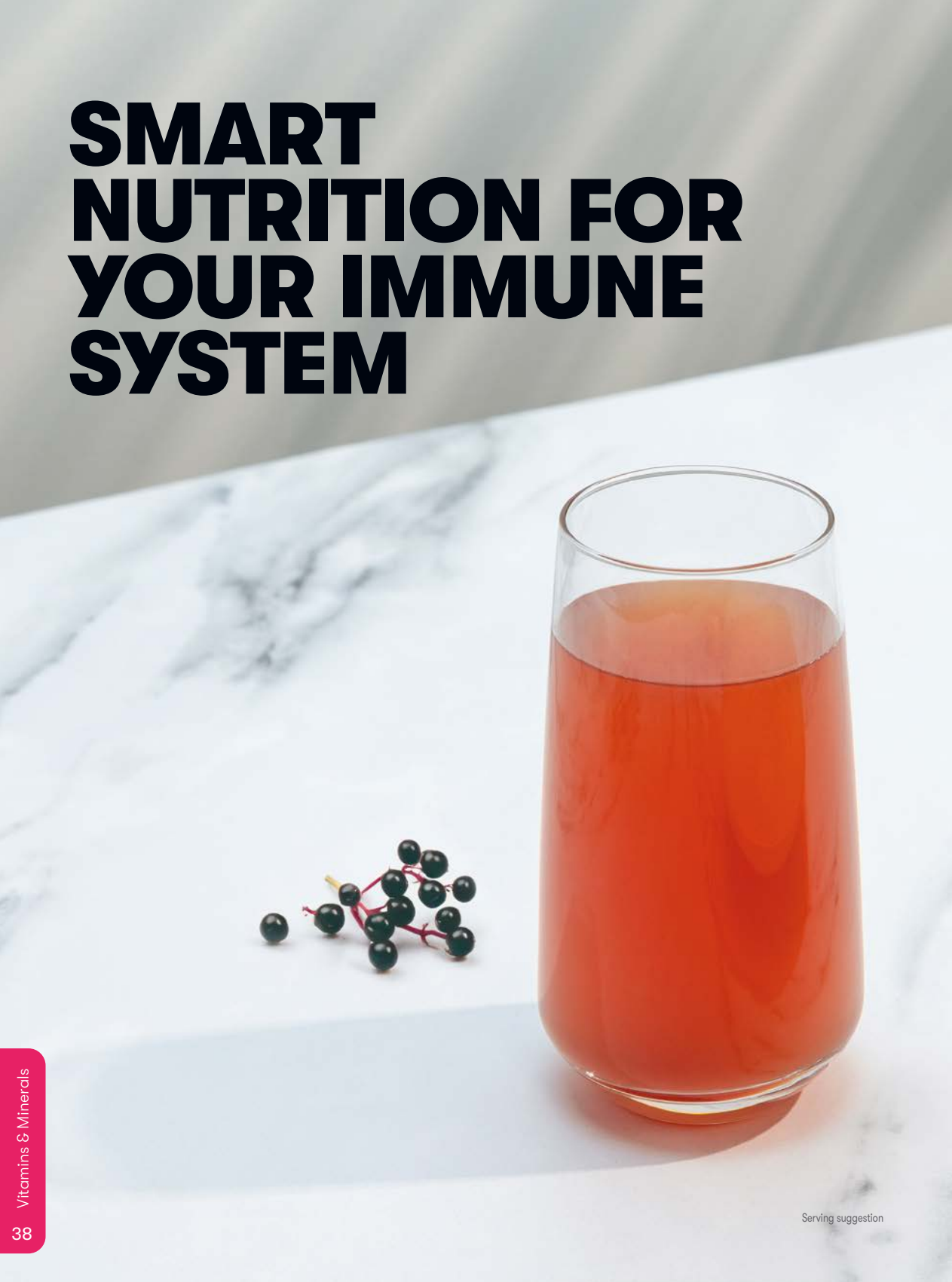
Vitamins C, B6 & B12

60 capsules, 40.2 g #243K



* Folic acid, vitamins B6, B12, C contribute to the normal psychological function. Pantothenic acid contributes to normal mental performance. Vitamins B6, B12, C contribute to the normal functioning of the nervous system.

SMART NUTRITION FOR YOUR IMMUNE SYSTEM



Serving suggestion





Immune Booster

High in vitamin C with vitamin D, selenium and zinc, to help support normal immune system function and protect cells from oxidative stress. Formulated with the scientifically proven ingredient EpiCor®.

EpiCor® | 80 mg vitamin C | 10 µg vitamin D | 55 µg selenium | 3 mg zinc

Berry flavour 21 x 3.7 g, 77.7 g, #233K

DISCOVER YOUR ULTIMATE SLEEP

Herbalife Night Mode

Enjoy your evenings with Night Mode, a food supplement infused with a scientifically studied saffron extract, created for your night-time routine. Immerse yourself in a moment of mindfulness with our Night Mode and cosy up to the warm subtle flavours of chamomile and peach, tomorrow is coming with a whole new light.

Night Mode also contains a blend of carefully selected vitamins to help support normal psychological function (vitamin B6) and the maintenance of the normal function of the nervous system (vitamins B6 and riboflavin).



High in riboflavin | High in vitamin B6 | Caffeine free | Gluten free | Vegan

Chamomile & peach flavour 30 servings, 180 g #282K

Niteworks®

Nutrition while you sleep. High in vitamins C and E which help protect your cells from oxidative stress.

Vitamins C & E

L-Arginine

L-Citrulline

L-Taurine

Lemon flavour 15 servings, 150 g #3150



Serving suggestion

CoQ10

Each of our CoQ10Vita chewable gels contain 100 mg of CoQ10.

This helps deliver the goodness of vitamin K, helping normal blood clotting, while vitamin E further helps to safeguard cells from oxidative stress.

Where can you get CoQ10 from?

Key sources of CoQ10 include meat and fish. Other sources include butter and egg yolks, while oils and nuts are the best vegan sources.[1]





Ref. Pravst, I., Zmitek, K., & Zmitek, J. (2010). Coenzyme Q10 contents in foods and fortification strategies. Crit Rev Food Sci Nutr, 50(4), 269–280. https://doi.org/10.1080/10408390902773037

Herbalife Gels



CoQ10Vita

Contains CoQ10

Vitamin E | Vitamin K

Cherry Crush flavour 30 gels, 45 g #378K



ViewVita

Support your vision*,**

Vitamin A | Zinc | Omega-3 (DHA)

Berry Citrus Blast flavour 30 gels, 50.4 g #376K

* Contains zinc, DHA and vitamin A, which contribute to maintenance of normal vision.
** The beneficial effect is obtained with a daily intake of 250 mg of DHA.

SUPPLEMENTS FOR KIDS

Good nutrition matters at every age, including for kids and adolescents.

Their rapid physical and neurological development increases the need for key nutrients. Although a balanced diet is ideal, many young people consume processed foods that may lack essential vitamins and minerals needed for healthy growth.





Vitamin D: The sunshine vitamin

Vitamin D is well known for its role in building bones and teeth, as it helps the body absorb calcium and phosphorus. It also plays an important role in supporting the normal function of the immune system. Including vitamin D–rich foods in your family's diet—such as fatty fish, fish liver oil, and foods fortified with vitamin D (for example, milk or orange juice)—can support reaching adequate intake and reduce the risk of deficiency.

Omega-3 fatty acids

Omega-3 fatty acids also play an important role as they can support normal brain function and vision. Our bodies can't produce omega-3s in sufficient quantities on their own, so they must be obtained through the diet and supplements. Oily fish such as tuna, salmon, mackerel and herring can help boost your omega-3 intake.

Kids

Herbalife Gels



NutrientVita Kids

Support your kids' growth and development*

Vitamin C | Vitamin D | Iodine | Natural colours & flavours

Tutti-frutti flavour 30 gels, 45 g #369K



MindVita Kids

Supports brains**

Omega-3 | Vitamins B6 & B12 | Biotin | Niacin

Moonbeam Lemonberry flavour 30 gels, 50.4 g #379K

*High in vitamin D which contributes to the normal growth and development of bones and the normal function of the immune system of children

*Contains iodine which contributes to the normal growth of children.

** DHA contributes to the maintenance of normal brain function and normal vision. The beneficial effects are obtained with a daily intake of 250 mg of DHA.

** Vitamin B6, vitamin B12, biotin and niacin support normal energy-yielding metabolism, nervous system function and psychological function.

WHAT ARE PHYTO-NUTRIENTS?

Phytonutrients have been studied for their antioxidant properties.

It seems that a considerable percentage of adults in Europe do not consume the recommended amount of fruits and vegetables. It is important not only to meet recommended daily intake of fruits and vegetables but also to deliver a variety of them to establish healthy eating habits and to deliver additional health benefits. There is a growing body of evidence that consumption of colour-associated fruits and vegetables may confer additional benefits to population health beyond total fruits and vegetables intake. Naturally occuring and pigmented phytonutrients are named bioactive pigments and they give fruits and vegetables their vibrant colours that corresponds to different health benefits.



PHYTO COMPLETE

Designed to support your wellness goals, this product fits perfectly into your morning routine.

Carefully formulated with Fiit-NS™, vitamin C and chromium. Fiit-NS™ is a scientifically studied combination of vitamin B3 and botanical extracts including guarana, green tea, grapefruit, grape and black carrot, providing phytonutrients and natural caffeine.

Provides 113% of reference intake of vitamin B3 which contributes to normal energy-yielding metabolism and a reduction of tiredness and fatigue.



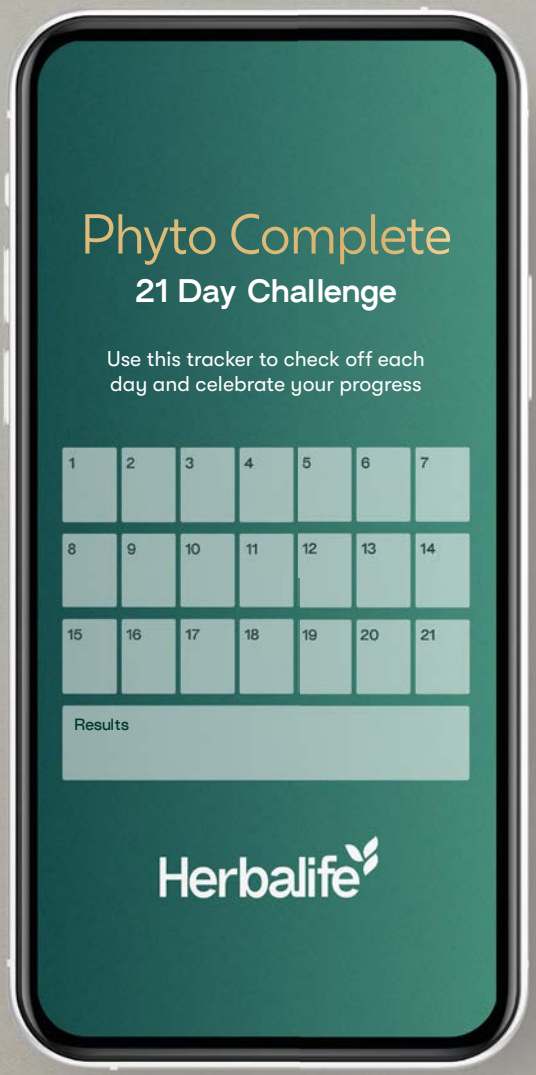
Vegan | No sweeteners | Gluten free | No flavours | No added sugar

60 capsules, 42.8 g

#236K

Track your progress

Join our 21 day challenge – ask your distributor for more information.



HEALTHY FATS

Dietary fat may be seen as an enemy, but the body does need some fat in order to stay healthy, and certain fatty acids are essential because the body cannot make them.

Unsaturated fatty acids (e.g. polyunsaturated, such as Omega-3s) are considered better for you, since these fats can help to keep blood cholesterol within a normal range*. A diet high in saturated fat (e.g. from snacks or animal foods) can contribute to a rise in blood cholesterol levels. Finding the right balance of the two is important in maintaining good health.



*DHA and EPA contribute to the maintenance of normal blood triglyceride levels. The beneficial effect is obtained with a daily intake of 2 g of EPA and DHA. A supplemental daily intake of 5 g of EPA and DHA combined must not be exceeded.



HERBALIFELINE® MAX

Contains Omega-3 fatty acids

This potent food supplement delivers omega-3 fatty acids, EPA and DHA (per capsule), which support normal function of the heart*, vision** and brain** function. With the addition of thyme and peppermint essential oils to help freshen the taste.

375 mg of EPA per capsule

250 mg of DHA per capsule

30 capsules, 42 g #0043



* Beneficial effect obtained with daily 250 mg intake of EPA and DHA;
** Beneficial effects obtained with daily 250 mg intake of DHA.
*** Beneficial effect obtained with daily 2 g intake of EPA and DHA.
**** Beneficial effect is obtained with a daily 3 g intake of EPA and DHA; A supplemental daily intake of 5 g of EPA and DHA combined must not be exceeded.



Endorsed by

Friend of the Sea©

With an official Certification of Sustainable Seafood from Fisheries and Aquaculture, fish oil contained in Herbalifeline® Max is accredited by Friend of the Sea©; supporting the same respectful values for the marine habitat.

Associated benefits

x1

- Maintenance of normal heart function*
- Maintenance of normal vision**
- Maintenance of normal brain function**

x4

- Maintenance of normal blood triglyceride levels***

x5

- Maintenance of normal blood pressure****

FIBRE

Fibre is important for the maintenance of normal gastrointestinal function.

Fibre is a type of (non-digestible) carbohydrate. Fibre can't be broken down by our digestive system, so most passes undigested through the small intestine providing bulk. Certain foods provide a type of fibre that the good bacteria in your lower digestive tract like to feed on, which supports digestive health.

Although it's such an important dietary component, the average person consumes less than half the daily recommended amount of 25 g[1]. Our high-in-fibre products can help you reach your fibre intake goals, although it's best to increase slowly alongside drinking plenty of water.



[1] EFSA, Scientific Opinion on Dietary Reference Values for carbohydrates and dietary fibre. EFSA Journal, 2010. 8(3): p. 1462.





NEW



Fibre Concentrate

A delicious way to increase daily fibre intake and support digestive enzymes.*

3 g fibre

Naturally sourced sweetener

Sugar free

12 kcal per serving

Sweet Orange and Goji Berry flavour 33 servings, 500 ml #201K

* Fibre Concentrate contains calcium which contributes to the normal function of digestive enzymes.

YOUR BODY LOVES FIBRE



Serving suggestion



Oat apple fibre

A delicious way to increase daily fibre intake that can be enjoyed with water or mixed with your favourite Formula 1 shake.

5 g fibre | No artificial sweetener | Sugar free* | 18 kcal per serving

Apple flavour 30 servings, 204 g #2554



Beta heart®

Contains the key ingredient OatWell® oat beta-glucan, shown to lower or maintain blood cholesterol.**

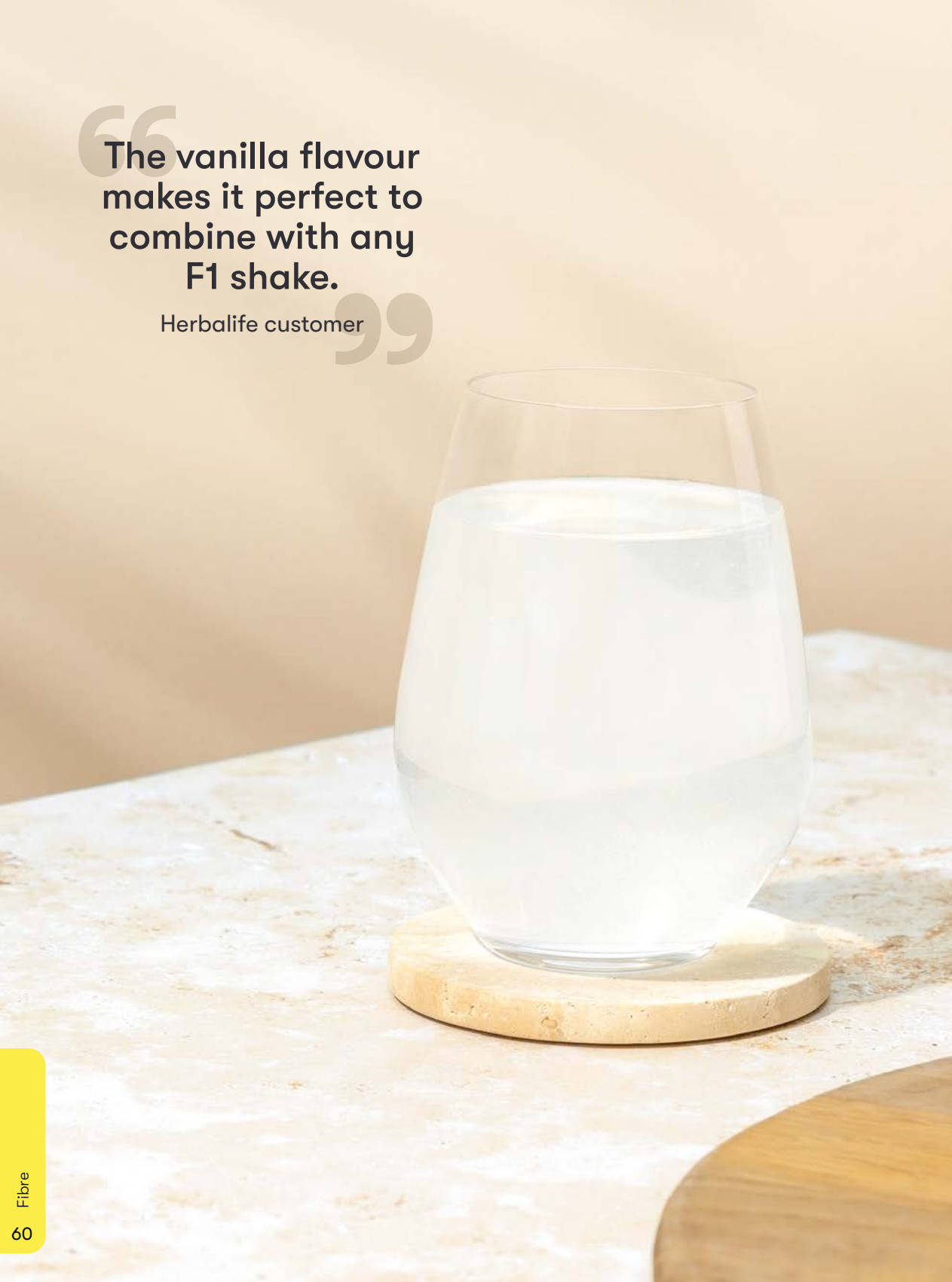
Mix 1 or 2 scoops with water or your favourite drink or shake.

3 g fibre per scoop | No artificial sweetener | Sugar free | 25 kcal per scoop

Vanilla flavour 30 servings, 229 g #0267

* Contains 0.1 g naturally occuring sugar per serving

** Oat beta-glucan has been shown to lower blood cholesterol. High cholesterol is a risk factor in the development of coronary heart disease. Beta-glucans contribute to the maintenance of normal blood cholesterol levels.


The vanilla flavour makes it perfect to combine with any F1 shake.
Herbalife customer

MICROBIOTIC MAX

Formulated to offer you a combination of probiotic bacteria and prebiotic fibre, delivering 2 billion live bacteria (CFU) per serving. It contains no sweeteners, colours or preservatives and doesn't need refrigeration, making it ideal to take wherever you go.



High in fibre | Probiotic bacteria | Prebiotic fibre | Gluten free

Vanilla flavour 20 sachets x 2 g, 40 g #173k

*Please add Microbiotic Max after blending and use liquids at a temperature below 25°C, to avoid affecting product efficacy.

HYDRATION

Water makes up around 60% of the adult body weight[1] and is vital for many functions, such as regulating temperature and supporting normal physical and cognitive functions*.

Keeping your liquid balance is important. It is more than just drinking enough, it's about knowing how, what, and when to consume the fluids and foods that help you feel your best from the inside out. Water is best, but herbal teas, fruit juices, and even waterrich foods all contribute to your daily fluid intake.

[1] Petraccia L et al. Clin Nutr. 2006 Jun;25(3):377-85

*In order to obtain the claimed effect, at least 2 l of water, from all sources, should be consumed per day.



ALOE RANGE

Another way to keep hydrated is by flavouring your water. Try Herbalife AloeMax, containing 97% aloe vera juice that elevates your drink with the subtle flavour of aloe vera.





AloeMax

Our hand-picked aloe vera leaves are carefully selected.

95 % aloe vera juice

2 kcal per serving

No artificial flavouring

No sweetener or colour

473 ml #1196



Herbal Aloe concentrate drink

Liven up your water with a refreshing mango taste to help you achieve optimum hydration levels for the day.

40 % aloe vera juice

Sugar free

No artificial colours

Mango flavour	473 ml #1065
Mango flavour large	1892 ml #1188

TEA RANGE

CAN BE ENJOYED HOT OR COLD

Wake up to a refreshing herbal drink, containing 87.5 mg caffeine*.



*It is recommended not to exceed a daily intake of 400 mg of caffeine from all sources (200 mg for pregnant or breast-feeding women).





Lemon flavour 30 servings, 51 g #180K



Mango Dragon fruit flavour 60 servings, 102 g #330K



Raspberry flavour 30 servings, 51 g #182K



Peach flavour 30 servings, 51 g #181K



Instant Herbal Beverage

A unique blend of orange pekoe – traditional black tea, and green tea with extracts of hibiscus powder and cardamon.

Low calorie

No added sugar

Original flavour 30 servings, 51 g #178K
60 servings, 102 g #179K

FIT & ACTIVE

Whether you're a gentle jogger or an elite athlete, the Herbalife24® sports line has the products you need to help you prepare, train and rest.

The Herbalife24® products are batch tested for prohibited substances by an independent third party. For more information, please see the product label.




HERBALIFE
24


HERBALIFE
24

CUSTOMISE YOUR HERBALIFE24 PROGRAMME



INFORMED
WE TEST • YOU TRUST
SPORT
BANNED SUBSTANCE TESTED
EVERY BATCH

These recommendations are based on optimal usage occasions but can be customised based on individual needs and training plans. Recommended daily dose should not be exceeded and consult label for all information.

SUPPORT YOUR PERFORMANCE*

Herbalife24 Creatine+, your go-to daily supplement.





Herbalife24 Creatine+

Support your performance and wellbeing goals

Its unique formula contains added B vitamins (vitamins B6 and B12, niacin, riboflavin, thiamine and pantothenic acid) and calcium, which contributes to normal energy-yielding metabolism. Calcium also plays a role in supporting normal muscle function while vitamins B6 and B12 help support normal function of the immune system.

3 g creatine | B vitamins | Calcium | Vegan | Gluten free

Unflavoured #488K

*Creatine increases physical performance in successive bursts of short-term, high-intensity exercise. The beneficial effect is obtained with a daily intake of 3 g of creatine.

LIFTOFF® TO THE MAX

Boost your workouts with this sugar-free drink containing caffeine and vitamins B6, B12 and vitamin C to help reduce fatigue.



Herbalife24 LiftOff Max

Feel refreshed and enjoy the sharp, zesty taste of grapefruit. Take before exercising or whenever you need to get back on track.

180 mg caffeine per serving*

Sugar free

No artificial colours or flavours

Grapefruit Twist flavour	10 sachets x 4.2 g, 42 g #192K

LiftOff®

A low-calorie effervescent energy tablet, formulated with caffeine and key vitamins.

75 mg caffeine per serving*

Vitamins B & C

10 kcal per serving

Lemon & Lime flavour	10 sachets x 4.5 g, 45 g #3152

*Contains caffeine (LiftOff Max 180 mg/serving; LiftOff 75 mg/tablet). Not recommended for children or pregnant women



Hydrate

Maintain fluid consumption with this calorie-free electrolyte drink containing 100% RI for vitamin C plus key B vitamins (B1, B2, pantothenic acid and B12), calcium and magnesium.

270 mOsmol/kg

Vitamins B & C

Orange flavour	20 sachets x 5.3 g, 106 g	#1433



Herbalife24 Prolong Energy Gel

Fuel your workouts and reach for better heights.

Herbalife24 Prolong Energy Gel is the optimal ready-to-consume supplement for a quick energy release. Contains an easily absorbable blend of carbohydrates at the ideal 1:0.8 glucose-to-fructose ratio for quick absorption and delivery of energy making it one of the most concentrated energy gels on the market. The perfect partner to help you stay on track during long workouts. Contains a natural flavour and no artificial colours or sweeteners.

30 g carbs*

Gluten free

Vegan

Vitamin B12 & Thiamine

Strawberry flavour	10 sachets, 45 g per sachet #402K



* Per sachet


HERBALIFE
24
PROLONG
ENERGY GEL
STRAWBERRY FLAVOUR
Food Supplement with Vitamins B1 & B12
10 SACHETS
NET WEIGHT: xx g (10 X xx g)
Best before and lot number: see base of carton
HERBALIFE
24
PROLONG
STRAWBERRY FLAVOUR
HERBALIFE
24
PROLONG
STRAWBERRY FLAVOUR
NET WEIGHT: 45 g
STAY ENERGISED WITH PROLONG



“To be the best, I trust Herbalife.”

Cristiano Ronaldo

Herbalife Global Nutrition Partner



CR7 DRIVE

Fuel your workouts with CR7 Drive, a scientifically formulated carbohydrate-electrolyte drink developed in partnership with Cristiano Ronaldo. Flavoured with acai berry, CR7 Drive combines carbohydrate-electrolyte solutions with vitamins B1 and B12. Carbohydrate-electrolyte solution contributes to the maintenance of endurance performance during prolonged endurance exercise and enhances the absorption of water during physical exercise.

97 kcal

249 mg sodium*

142 mg magnesium*

Acai Berry flavour	20 servings, 540 g #1466
Acai Berry flavour sachets	10 x 27 g, 270 g #1467

* Per sachet



Rebuild Strength

A premium recovery* shake that is high in protein, which contributes to the growth and maintenance of muscle mass, and fortified with iron which contribute to normal energy-yielding metabolism.

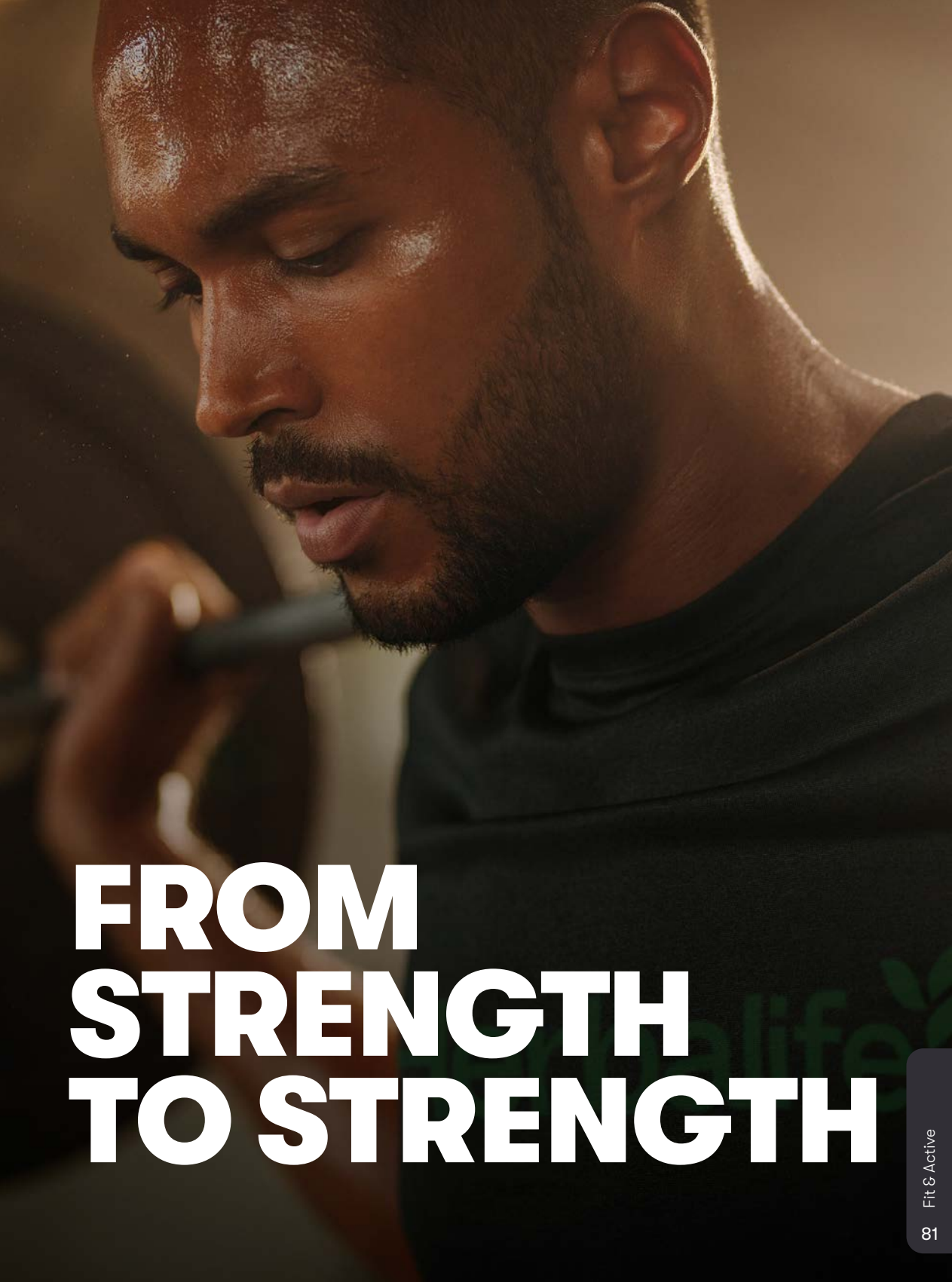
25 g protein

190 kcal

13 mg Iron

Chocolate flavour	20 servings, 1000 g #403K
Chocolate flavour sachet	7 x 50g, 350g #486k

* Carbohydrates contribute to the recovery of normal muscle function after highly intensive and long-lasting physical exercise leading to muscle fatigue and the depletion of glycogen stores in skeletal muscle. The beneficial effect is obtained with the consumption of carbohydrates, from all sources, at a total intake of 4 g per kg body weight, at doses, within the first 4 hours and later than 6 hours, following highly intensive and/or long-lasting physical exercise leading to muscle fatigue and the depletion of glycogen stores in skeletal muscle.



FROM STRENGTH TO STRENGTH

POST WORKOUT

A convenient post-workout snack that contains 21 g of protein to fuel your goals.

Herbalife24 Achieve Protein Bars

These bars come in two tempting flavours, decadent Dark Chocolate or delicious Chocolate Chip Cookie Dough. Free from artificial flavours and colours, they're also suitable for vegetarians!



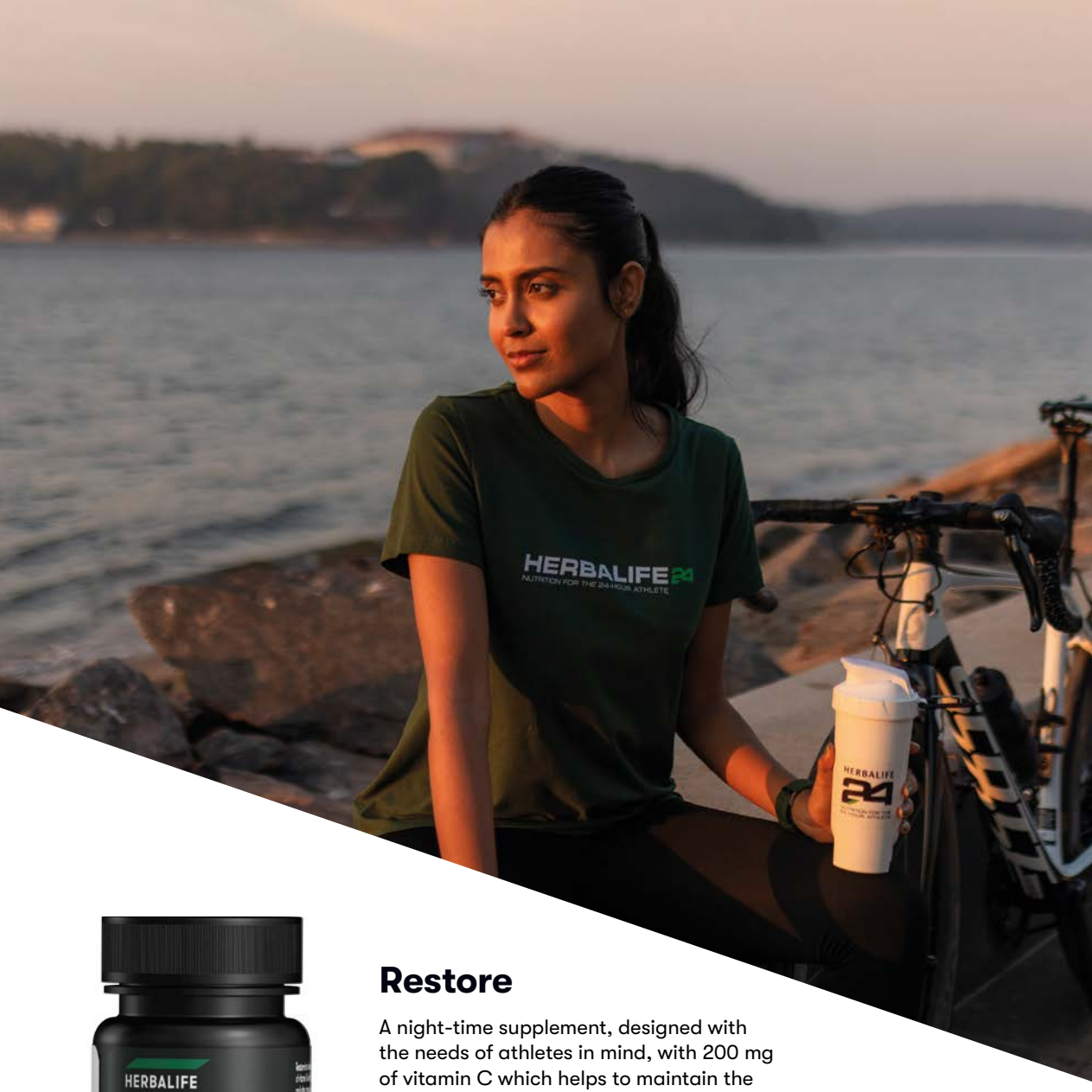
21 g protein per bar

Low in sugar

Informed sports certified

Suitable for vegetarians

Dark Chocolate flavour	6 servings, 60 g #150K
Chocolate Chip Cookie Dough flavour	6 servings, 60 g #149K





Restore

A night-time supplement, designed with the needs of athletes in mind, with 200 mg of vitamin C which helps to maintain the normal function of the immune system during and after intense physical exercise.

Vitamins A, C & E

Lactium®

30 capsules, 21.4 g #1424

Take Restore as part of a varied and balanced diet and a healthy lifestyle. Consume as indicated on label.

VICTORY STARTS ON THE INSIDE

More than 120 sporting teams & athlete around the world use Herbalife24 products to help them perform at their best.









DAMIR DŽUMHUR



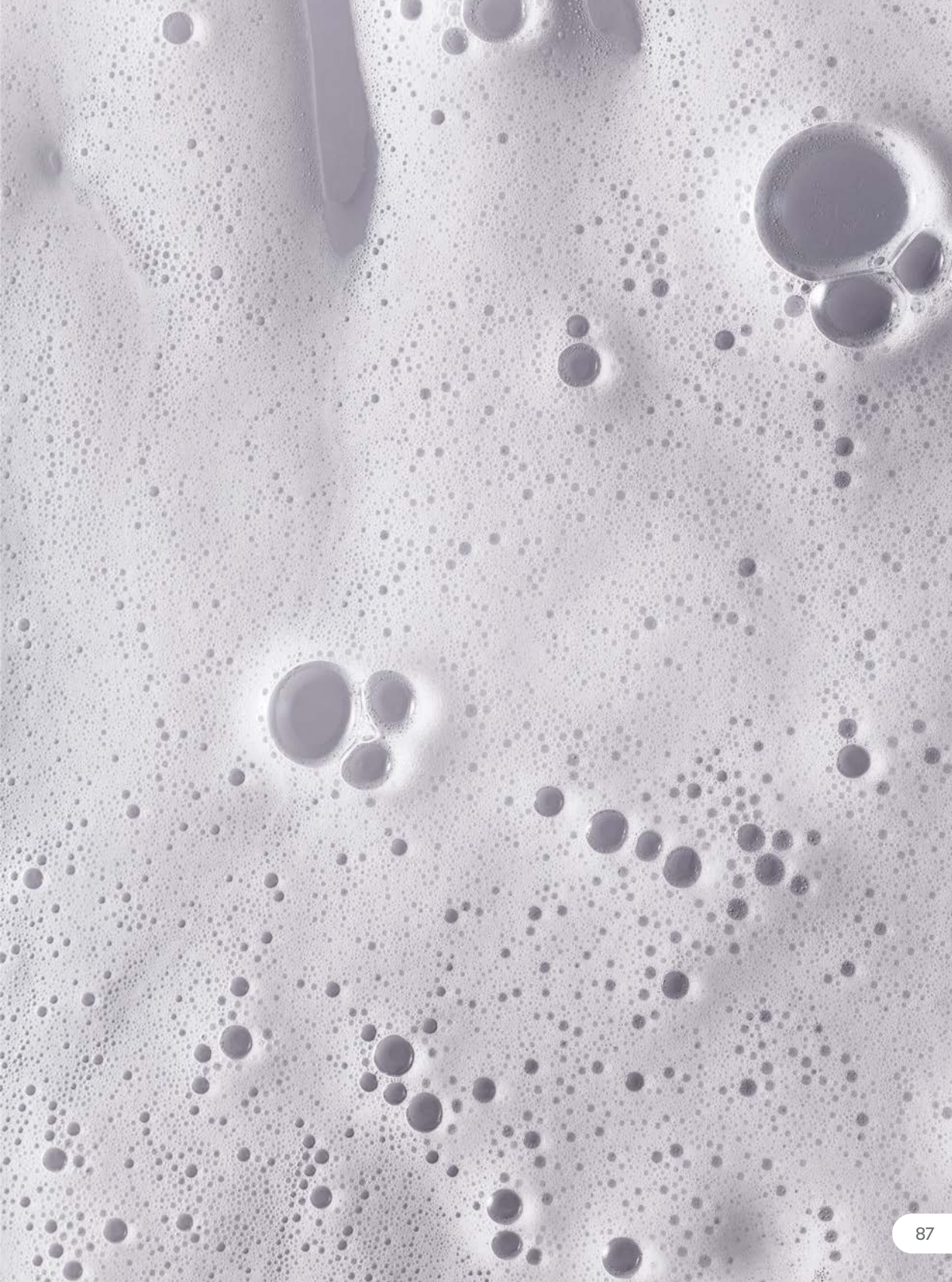




BEAUTY

Discover a beauty collection designed to support you inside and out. Our range combines advanced science with carefully selected ingredients — created to help maintain healthy-looking skin while also supporting strong, healthy hair.

Every formula is developed with essential beauty needs in mind, helping to enhance brightness and illumination, maintain moisture and hydration, and contribute to healthy-looking skin over time. With thoughtfully developed products that cleanse, protect, hydrate and revitalise, our range works in harmony with your daily routine — delivering effective beauty solutions you can rely on, every day.



BRIGHTNESS & ILLUMINATION



Resurfacing Gelo Cleanser

A gentle cleanser, creating a mild and light foam that effectively removes makeup, impurities and excess sebum without over-drying.

Gently cleanses

Helps resurface skin

For diverse skin types

#511K



10% Niacinamide Serum

A water-based serum to strengthen the skin barrier and boost radiance for a healthy, glowing complexion.

10% Niacinamide

Balances skin tone

Boosts radiance

#508K

HL/Skin


HL/Skin
BACKED BY · KOREAN SCIENCE ·
RESURFACING
GELO CLEANSER
Brightness + Illumination

MOISTURE & HYDRATION



Nourishing Hand & Body Lotion

A lightweight, nourishing hand and body lotion for softening and 24-hour moisturisation.

All-day hydration

Lightweight texture

Softens & smooths skin

#514K



Coming soon

Radiance Day Cream SPF 30

A hydrating day cream with SPF 30. Protects against UVA/UVB rays, leaving skin feeling hydrated, soft and protected.

SPF 30 protection

Hydrating formula

Helps protect skin daily

#538K


HL/Skin

HEALTHY AGEING



Nourishing Eye Cream

Fast absorbing, lightweight and non-greasy cream targeting wrinkles around the eye area.

- Light & non-greasy
- Targets fine lines
- Smooths under eye area

#515K



Ultimate Tension Cream

A rich and velvety face cream providing 8 hour moisturisation and improves skin elasticity.

- 8-hour moisture
- Helps improve elasticity
- Rich, velvety texture

#513K



Revitalising Night Cream

Replenish and revitalise overnight, supporting smoother-looking skin to help reduce the visible signs of ageing.

- Overnight hydration
- Supports skin renewal
- Reduce signs of ageing

#539K

HL/Skin


피부 과학
HL/Skin
NOURISHING EYE CREAM
Healthy Ageing
HL/Skin
피부 과학
ULTIMATE TENSION CREAM
BACKED BY · KOREAN SCIENCE ·
Healthy Ageing
HL/Skin
피부 과학
REVITALISING NIGHT CREAM
BACKED BY · KOREAN SCIENCE ·
Healthy Ageing
HL/Skin
피부 과학
NOURISHING EYE CREAM
Healthy Ageing

Purifying Mint Clay Mask

This rich creamy clay mask combines natural ingredients and the absorbent and toning effect of bentonite clay to remove dirt and absorb excess oil.

A hint of spearmint and rosemary uplifts your senses while leaving your skin softer and smoother. Tested to improve the appearance of pores after just one use*

Refreshing Aloe Vera

Contains botanicals

Vitamins B3, C & E

Normal to Oily Skin 120 ml #0773



*Tested on 31 women aged 20-44, visual results expert graded.



Serving suggestion

Collagen Skin Booster

A rich source of collagen peptides, proven to reduce eye wrinkles and improve skin elasticity in 4 weeks and helps reduce the appearance of cellulite, with first visible signs after 3 months. With 9 vitamins and minerals, this is expert nutrition for your skin. High in key vitamins and minerals to support healthy skin, hair and nails.*

Natural flavouring

Results after 4 weeks**

Gluten free

Strawberry and Lemon flavour

30 servings, 171 g #076K

Healthy-looking skin starts from within with this refreshing, strawberry and lemon flavour drink.

Verisol® P and bioactive collagen peptides are trademarks of Gelita AG.

* Biotin, Copper, Iodine, vitamin A and Zinc contribute to the maintenance of normal skin. Biotin, Selenium and Zinc contribute to the maintenance of normal hair. Selenium and Zinc contribute to the maintenance of normal nails

** Results shown on eye wrinkles and skin elasticity after 4 weeks, first results of reduction in visible signs of cellulite after 3 months.

ALOE FOR HAIR & SKIN

Infused with botanicals



Herbal Aloe Hand & Body Wash

Triple-silkening moisturisers help relieve dryness and moisturise skin.

Contains gentle plant-derived cleanser and triple-silkening moisturisers that have been shown to help relieve dryness and moisturise your skin.

Botanical extracts | Helps relieve dryness | Gentle cleansing

250 ml #2561

Herbal Aloe Soothing Gel

Infused with aloe vera and other botanicals traditionally used for skin to moisturise and soothe your skin.

Fragrance-free formula.

Aloe Vera | Fragrance free | Soothing hydration

200 ml #2562





Herbal Aloe Strengthening Shampoo

Hydrolysed wheat protein helps protect, strengthen and give smoother looking hair*

- Hydrolysed wheat protein
- Helps strengthen hair
- Protects against breakage*

250 ml #2564



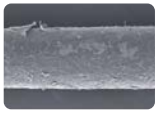
Herbal Aloe Strengthening Conditioner

Strengthens strands for a softer and silkier feel after just one use

- Advanced wheat protein
- Softens & smooths hair
- Strengthens strands

250 ml #2565

STUDY RESULTS



BEFORE
Highly damaged cuticle structure.



AFTER
Significant improvement in cuticle structure.

* When using Strengthening Shampoo and Conditioner versus untreated hair.. Results based on Strengthening and Breakage Study. Average value obtained from Combing Test conducted by an independent research laboratory on "damaged" hair tresses. Broken fibre counts were compared on untreated hair using Herbal Aloe Strengthening Shampoo and Strengthening Conditioner.

** When using Strengthening shampoo and conditioner versus untreated hair.

NOTES

NOTES



BE YOUR OWN BOSS WITH A BRAND YOU CAN TRUST

- ✓ Low start-up costs
- ✓ Product discounts
- ✓ Be part of an inspiring community
- ✓ Help improve people's lives
- ✓ Full training and support

Herbalife

To find out more, contact me today:

DIRECT SELLING ASSOCIATION

Herbalife is proud to be a member and supporter of the DSA and its independent consumer code Models shown in this brochure are for illustrative purposes only.

MADE WITH 100% RECYCLED PAPER

6240UK

©2026 Herbalife Europe Limited. All rights reserved. Printed in Europe 2026. 6240-UK-76