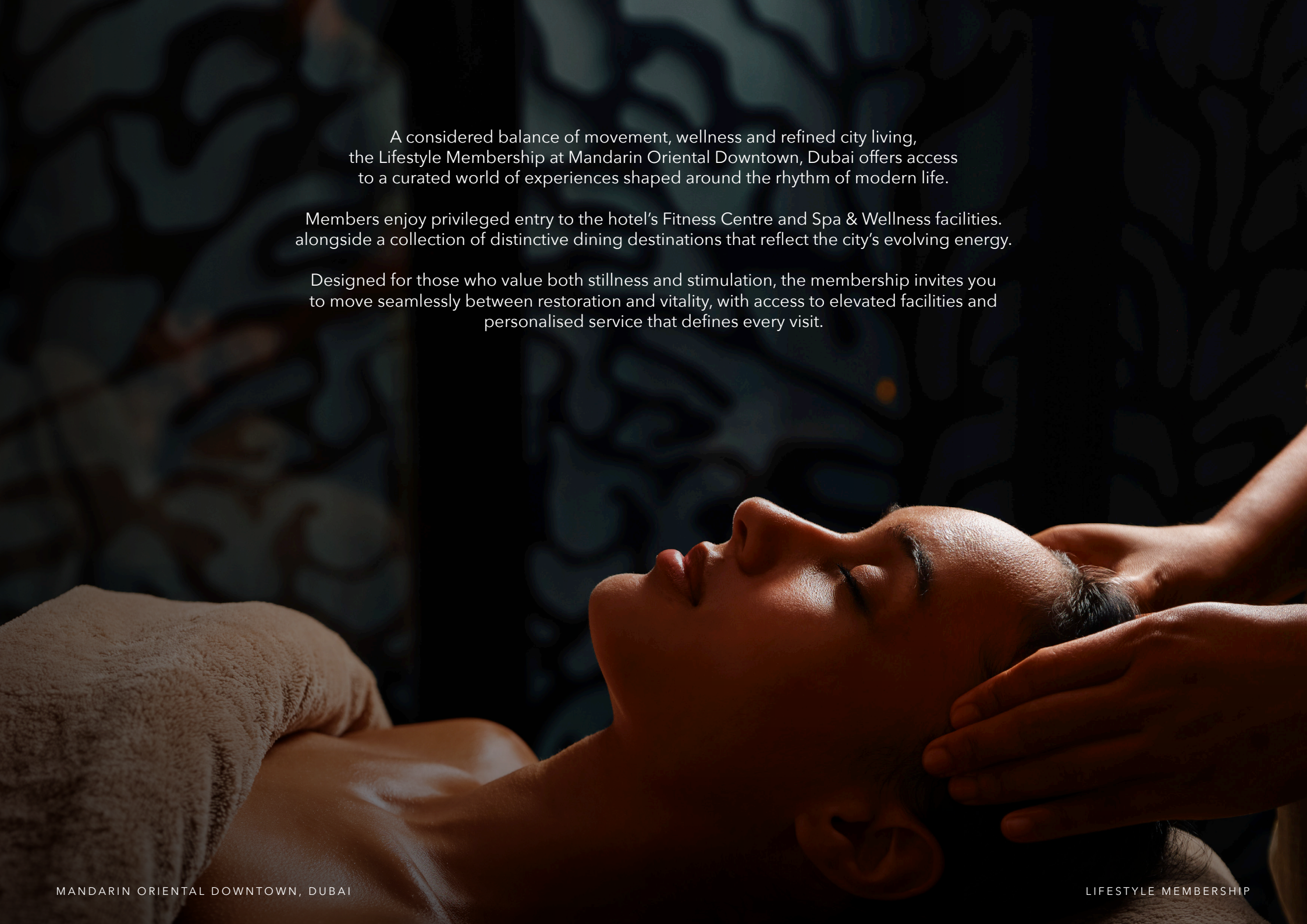




MANDARIN ORIENTAL
WELLNESS

LIFESTYLE
MEMBERSHIP

A person is lying on their back, receiving a massage. Their eyes are closed, and they appear relaxed. The background is a dark, patterned wall. The lighting is soft and focused on the person's face and hands.

A considered balance of movement, wellness and refined city living, the Lifestyle Membership at Mandarin Oriental Downtown, Dubai offers access to a curated world of experiences shaped around the rhythm of modern life.

Members enjoy privileged entry to the hotel's Fitness Centre and Spa & Wellness facilities, alongside a collection of distinctive dining destinations that reflect the city's evolving energy.

Designed for those who value both stillness and stimulation, the membership invites you to move seamlessly between restoration and vitality, with access to elevated facilities and personalised service that defines every visit.

AN URBAN SANCTUARY

Set within the dynamic heart of the city, Mandarin Oriental Downtown, Dubai offers a contemporary urban lifestyle destination where design, light and atmosphere come together in quiet balance.

Framed by the skyline and shaped by the movement of the day, the hotel shift effortlessly from sunlit calm to an intimate, after-dark energy. Its spaces are designed to support both focus and retreat, offering moments of pause within the pace of urban life.

Members gain access to a thoughtfully curated environment, from Spa & Wellness to dining and social spaces, all underpinned by Mandarin Oriental's signature service and a sense of calm that feels both intentional and enduring.

SPA & WELLNESS

Discover a new dimension of wellbeing at Mandarin Oriental Spa & Wellness, a two-storey sanctuary designed around the rhythm of sun and moon.

Cocooned above the city, the spa unfolds across spaces aligned to natural light, guiding the body through renewal and restoration.

Facilities include:

- Twelve treatment rooms oriented to sunrise and sunset
- A private VIP suite with its own hammam
- Vitality pools, tepidarium loungers, steam, sauna and relaxation areas

Guests can experience a curated programme of treatments, from globally exclusive 111SKIN therapies to advanced skincare by OSKIA and Synthesis Organics, alongside Mandarin Oriental's own signature rituals. Each experience is designed to restore balance, support longevity and bring the body into quiet alignment.

MOVEMENT & FITNESS

Elevate your practice within a light-filled Fitness Centre designed to support strength, mobility and focus.

Equipped with custom Technogym equipment created exclusively for Mandarin Oriental and complemented by Eleiko strength systems, the space is designed for both performance and precision. A dedicated studio supports mindful movement and functional training.

Personalised programmes ensure each visit responds to individual goals, including:

- Tailored personal training sessions
- Body composition analysis and performance tracking
- A curated selection of assisted stretching and mobility sessions

Each experience is guided with discretion, allowing movement to feel both intentional and sustainable.

AN ELEVATED LIFESTYLE

Experience the city through a more refined lens, where each visit becomes a moment of pause above the everyday.

Members are invited to enjoy a selection of lifestyle experiences designed to complement both leisure and routine, including access to:

Rooftop pool experiences overlooking the Dubai skyline

Curated wellness and movement sessions

A dedicated children's programme and access to Hana & Friends kids club

Priority access to selected hotel experiences and activations

Exclusive member privileges across dining and spa

Every detail is considered to ensure a seamless balance between energy and ease, offering a lifestyle that feels both connected and quietly indulgent.



ROOMS & SUITES

Designed as contemporary retreats above the city, the rooms and suites at Mandarin Oriental Downtown, Dubai offer a refined expression of space, light and comfort.

Floor-to-ceiling windows frame sweeping views of the skyline, while interiors balance clean architectural lines with warm, tactile finishes. Spacious layouts include elegant seating areas, walk-in wardrobes and marble bathrooms with rain showers and curated amenities.

Each space reflects a dialogue between calm and contrast, where contemporary design meets subtle references to Oriental heritage, creating an atmosphere that feels both composed and distinctly residential.

RESTAURANTS & LOUNGES

A collection of distinctive dining destinations brings together global influences and contemporary expression, creating a dynamic culinary landscape within the hotel.

Members can enjoy exclusive privileges across a curated selection of venues, including:
Chitarra, celebrating the vibrance of Italian cuisine
Yù & Mì, where Cantonese and Sichuan flavours meet a vibrant after-dark energy
Noia by the Pool, offering contemporary Greek dining in a rooftop setting
The Lobby Lounge, a refined space for all-day gatherings and light dining

Each venue reflects a unique identity, united by a commitment to craftsmanship, atmosphere and a sense of place within the city.

BENEFITS

- Unlimited access to the Fitness Centre and changing rooms
- 1 complimentary fitness assessment (45 minutes)
- 20% discount on personal training sessions
- 20% discount on spa treatments
- 15% discount on room bookings (Best Available Rate)
- 15% discount on laundry services
- 20% discount on selected dining outlets
- Access to the outdoor swimming pool and changing rooms
- Dedicated permanent locker in the fitness changing rooms
- Complimentary parking



MANDARIN ORIENTAL
DOWNTOWN DUBAI

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