



MANDARIN ORIENTAL
SPA AND WELLNESS



MASSAGE

All our massage treatments are customised for each guest. Your therapist will perform a thorough consultation to understand your needs before designing a treatment drawing from several massage techniques to increase muscle relaxation, improve circulation and increase overall wellbeing.

BLISSFUL MARMA | 1 hour 30 minutes

An advanced holistic massage delivered with medium to firm pressure and therapeutic techniques that melt into deeper muscle layers, releasing long-held tension at vital neuromuscular centres connected to the nervous system, muscles, and subtle circulatory pathways. Enriched with potent aromatic actives to support collagen stimulation and guide the body into deep rest, repair, and circadian harmony.

ORIENTAL ESSENCE | 1 hour 30 minutes

Using custom-blended oriental oils and techniques inspired by traditional oriental therapies, this tension-busting massage treats the whole body, whilst focusing on the traditional stress-holding areas of the back, neck and shoulders

LYMPHATIC | 1 hour 30 minutes

The lymphatic system is key in helping rid the body of toxins that can cause illness. This massage stimulates the lymphatic system to encourage detoxification, reduce water retention and create a sense of healthy wellbeing.

REFLEXOLOGY | 1 hour

The ancient art of reflexology involves gentle stimulation of acupressure points on the feet, which are directly linked to various organs and glands in the body. A relaxing treatment with therapeutic benefits.

GENTLE PREGNANCY RITUAL | 1 hour 30 minutes

This luxurious treatment uses traditional aromatherapy massage to nurture and support the body during a time of constant change. Using pregnancy-safe oils, the massage eases away tension in the upper back and shoulders, nourishes the skin and relaxes the body.



ADVANCED SKINCARE

CELESTIAL BLACK DIAMOND NON-SURGICAL FACE LIFT | 1 hour 30 minutes

The most opulent and luxurious anti-ageing facial, harnessing the power and potency of 111SKIN's Intensive Collection, encourages a youthful, lifted and firmer appearance. A combination of the wrinkle minimising wand massage and signature massage ensures the skin is fresh, lifted and sculpted along the natural contours of the face.

BESPOKE 111SKIN HARLEY STREET SIGNATURE FACIAL | 1 hour

A high-performance facial formulated to calm and soothe damaged, inflamed and irritated skin. Following a personalised consultation to determine skin type to address individual needs, a tailor-made experience for the face will be carried out using a combination of restorative ingredients from our Reparative Collection. The facial also targets simple skin issues such as dryness, dehydration, sensitivity and rosacea for skin that feels and looks truly comforted.



TREATMENT ENRICHMENTS

LUXURY HAND RITUAL

Meticulously crafted hand treatment for digital fingers using a luxurious 111Skin Celestial Black Diamond Cream to nourish the hands and rejuvenate those “digital fingers.”

REJUVENATING FOOT RETREAT

Treat hard-working feet with reflexology and Deborah Lippmann's foot cream to soften or nourish the feet and deepen the treatment.

ILLUMINATING EYE INDULGENCE

An effective eye treatment to relax the eye area with 111Skin's Cryo De-Puffing or Rose Gold Illuminating Eye Mask to minimise fine lines, increase moisture, and reduce puffiness.

CALMING SCALP RITUAL

A calming yet energising scalp massage focusing on vital pressure points around the scalp and neck with Oribe's soothing leave-on scalp treatment to let the moment linger.

PRICE LIST

MASSAGE

	Minutes	Weekday	Weekend
Oriental Essence	60	\$1850	\$2050
	90	\$2350	\$2550
Aromatherapy	60	\$1850	\$2050
	90	\$2350	\$2550
Therapeutic	90	\$2350	\$2550
Lymphatic Drainage	90	\$2350	\$2550
Blissful Marma	60	\$1850	\$2050
	90	\$2350	\$2550

PREGNANCY BEAUTIFUL

Gentle Pregnancy Ritual	60	\$1900	\$2150
	90	\$2350	\$2500

ADVANCED SKINCARE

Celestial Black Diamond Non-Surgical Lift	90	\$3600	\$3800
Bespoke 111Skin Harley St. Signature Facial	60	\$2800	\$3000

HOLISTIC SKINCARE

Subtle Energies Vegan Collagen	90	\$2950	\$3150
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TREATMENT ENRICHMENTS

Luxury Hand Ritual		\$230	\$230
Rejuvenating Foot Retreat		\$230	\$230
Illuminating Eye Indulgence		\$300	\$300
Calming Scalp Ritual		\$300	\$300

TERMS & CONDITIONS

OPENING HOURS

Spa Treatments Monday - Sunday 10:00 AM - 10:00 PM

CANCELLATION POLICY

Please allow 12 hours' notice of cancellation to avoid charges. Cancellations within 12 hours will incur a 100% charge. A credit card number is required at the time of booking.

DIGITAL DISCONNECTION

Our spa environment is one of tranquillity and we would appreciate it if you could turn off your mobile devices and secure them in your locker to respect all spa guests' right to privacy and serenity.

SPA ARRIVAL

We recommend arriving at the Spa and Wellness Reception at least 45 minutes prior to your first scheduled appointment. This allows us to have a brief discussion with you about your treatment expectations and gives you ample time to visit the spa's oasis of heat and water. Please note that late arrivals will not receive an extension of scheduled treatments.

AGE REQUIREMENT

The minimum age requirement for access to the spa and fitness centre is 16 years.

HOMECARE

To continue your spa regimen at home, all spa products used in the treatments are available in our spa boutique, including lifestyle items and souvenirs.

GIFT CARDS

Our gift cards are an ideal gift and are available online at <https://www.mandarinoriental.com/gift-cards/> and at the Spa and Wellness Concierge Desk.