



# FACE REFLEXOLOGIST

Enjoy a comprehensive and effective Face Reflex Therapy with our expert Mariko Hiyama who specialises in this treatment to enhance rehabilitation and healing of the body and mind.

Consultant Dates: 13,14,17,20,21,24 and 27 January 2026.

## **FACE REFLEX THERAPY**

**70 Minutes**

Face Reflex Therapy is a comprehensive and an effective Reflexology which focuses on rehabilitation & healing purposes.

It is recognised as a complementary therapy method. It helps to enhance one's own natural healing mechanisms and helps to improve "dis-ease" conditions including emotional unbalance.

Many clients find this therapy as a "Whole Body" relaxation including their minds.

**Weekday at HKD 2,200 | Weekend at HKD 2,420**

## **TRAUMA RELEASING REFLEX THERAPY**

**60 Minutes**

Trauma Reflex therapy is a method that consists on stimulating manually different areas and points of micro-systems on the face, scalp, and feet to release trauma and emotions stored in the body's cell memory, in the limbic system and the amygdala.

With Trauma-Reflex Therapy, it is possible to reach a completely relaxed state and find inner peace.

**Weekday at HKD 2,000 | Weekend at HKD 2,200**

All guests will start with Face Reflex Therapy, each session will be customised.